

# **Yoga Certification Board**

Ministry of Ayush, Government of India

*Certification of Yoga Volunteers  
In India and around the Globe On the occasion of “India@75”*

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Ministry of Ayush, Govt. of India  
New Delhi – 110001**

# **Guidelines and Criteria for participation in the**

## **Certification of Yoga Volunteers**

**In India and around the Globe On the occasion of “India@75”**

### **1.0 SUMMARY:**

Ministry of AYUSH, Government of India set up Yoga Certification Board in March, 2018 with complete functional autonomy. Yoga Certification Board is established for promotion of classical Yoga through certification of Yoga professionals and accreditation of Yoga Institutions, prescribing syllabus for certification of Yoga professionals as per their knowledge and skills, provide classical Yoga trainer / teacher to the society for their wellbeing, and other such activities that may be considered necessary for promotion of classical Yoga in India and around the globe. YCB carries out professional assessment of the trainer/teacher to certify the competencies so that the user of the service is assured of the skill sets possessed by the trainer / teacher.

Yoga Certification Board under the guidance of Ministry of AYUSH, Government of India, has planned certification of Yoga professionals on the occasion of IDY India@75 in support and coordination with YCB stakeholders and the institutions / associations willing to associate in the mission.

**Mission:** Globalization of certification of Yoga professionals by promoting Yoga for health and wellbeing of entire humanity.

**Vision:** To contribute in making a healthy society in the world by enriching classical Yoga.

**Objective:** Creating a pool of certified Yoga trainers and Yoga Volunteer on classical Indian Yoga across globe.

## **2.0 PROGRAMME:**

YCB has launched program under the guidance and support of Ministry of Ayush, Government for the promotion and propagation of classical Yoga as in India and around the globe. This initiative will enable the Ministry to effectively develop interest in regions where penetration of Yoga remains low, create a reliable pool of Yoga volunteers in the regions where increasing demand for Yoga services remains underserved.

- 2.1 Promotion of Yoga through training and certification of Yoga Volunteers.
- 2.2 Strengthening and capacity building of YCB accredited Institutions in certification of Yoga professionals.
- 2.3 To reach 7,50,000 people through training and certification of Yoga Volunteers as part of India @75

### **2.1 Eligibility Criteria for participation in the scheme**

#### **2.1.1 Yoga Teachers participation**

- YCB certified Yoga Teachers (having Yoga Protocol Instructor and above certificate) can participate in the program.
- The Yoga professional should have command over local language for teaching of as per YCB syllabus for Yoga Volunteer.
- The Yoga teachers shall participate in the program through YCB accredited institutions – PrCBs, Leading Yoga Institutions, Yoga Institutions, Yoga Training Centers, Yoga Therapy Centers.
- The interested Yoga teachers shall apply online in the prescribed format to the interested YCB accredited institutions. They shall enclose scanned copy of YCB certificate with validity period.
- Selection of Yoga Teacher is a sole description of the concern YCB accredited institutions/organisation

#### **2.1.2 Role and Responsibilities of selected Yoga Teacher**

- To teach eligible Yoga aspirants / students as per YCB approve syllabus of Yoga Volunteer.
- To assist and guide students in enrollment for Yoga volunteer certification under the program.
- To coordinate with their concerned institution from which he/she is engaged.
- He/she shall act as per the instruction and guidance of their concerned institution/PrCBs.

- He/she shall report to their concerned institution from which he/she are engaged.
- He/she shall adhere to the time line given by the institution.
- One teacher has to teach and certify minimum 100 Yoga Volunteer.

### 2.1.3 Incentive to the selected teacher

- The selected teacher will be given incentives @ Rs. 100/- (INR) for training and certification per students.
- The selected teacher will be given incentives @ US\$ 5 for training and certification per students of foreign countries.
- YCB shall pay incentive to the teacher directly in his/her account on submission of report by their institute.

### 2.1.4 Institution Participation:

- YCB accredited institutions - PrCBs, Leading Yoga Institutions, Yoga Institutions, Yoga Training Centers, Therapy Centers can participate in the program by giving consent in the prescribed format.
- Other potential institutions can participate in the programme through YCB accredited institution and/or recommendation of Head of Institution, YCB, Ministry of Ayush, Government of India.

### 2.1.5 Role and Responsibilities of Institution

- The institution can implement the program in association with the other potential Yoga Institutions, Yoga professionals.
- The institutions shall mentioned their preferred location / countries in the online format where they have strong presence and network.  
*Note: One or more YCB accredited institution can implement the program in the same location.*
- Institutions shall engage eligible YCB certified Yoga professionals for the teaching and training of the Yoga aspirants /students.
- Institutions shall monitor teaching and training of enrolled Yoga students and ensure that the training is being provided by the selected teacher as per YCB approved syllabus.
- The institution shall use YCB approved poster, banner in the program, if any.
- The institutions shall submit report to YCB after completion of the programme.
- Institution shall declare date for training program online.
- Monitoring of training Programme:
  - Institution shall monitor the conduct for training for Yoga Volunteer.
  - Institutions shall have photograph, video of the training programme conducted by their teacher during training period.

### 3.0 Fee structure for certification of Yoga Volunteer:

3.1. YCB Enrolment Fee for certification of the Yoga Professionals will be same as approved by YCB for Indian and foreign candidates. Enrollment fee shall be paid to YCB.

Particulars	Enrolment fee (in INR) Indian	For foreign candidates		
		Enrolment fee (in US\$) SAARC	Enrolment fee (in US\$) Developing Countries	Enrolment fee (in US\$) Developed Countries
Enrolment fee to YCB	100	5	10	10

3.2 Institution shall collect fee from candidates directly and pay to YCB after uploading data of Yoga professionals for Yoga Volunteer certification.

3.3 Institution shall upload photographs of the students for Yoga Volunteer certificate.

### 4.0 Time period of the program:

4.1. Starting Date – 1<sup>st</sup> April 2022

4.2. End Date – 30<sup>th</sup> September 2022

### 5.0 Certificate:

5.1 Student: Yoga Volunteer standard certificate as approved by the Board will be issued to the students.

5.2 Appreciation Certificate will be provided to the participating teacher and institutions.

### 6. Award:

Sl. No.	Particular	Award	Remarks / criteria
1	Best performance award to Teacher	Rs. 10,000/- and a certificate	Teacher providing training and certification of 1,000 or more people.
2	Best performance award to Institution	Rs. 1,00,000/- and a certificate	Certifying 10,000 or more people.

Note: Institute and Teacher belongs to foreign countries will be awarded in US\$ equivalent to INR.