Guidelines for Certification of Yoga Volunteers participating in IDY, Common Yoga Protocol training and IDY event on 21st June 2020.

Yoga Certification Board, Ministry of AYUSH, Govt. of India has launched a special drive to create a pool of Yoga Volunteers on the occasion of IDY 2020. Yoga aspirants and YCB accredited PrCBs, Leading Yoga Institutions, Yoga Institutions/Centres shall follow the following for participation and certification:-

1. Role and responsibility of YCB accredited PrCBs, LYIs Yoga Institutions/Centres:

- i) YCB accredited LYIs, Yoga Institutions/Centres will join in the Yoga Volunteer certification program.
- Link of Common Yoga Protocol will be are available on YCB/AYUSH/MDNIY website. Institution shall provide training as per the Common Yoga Protocol (list of link enclosed).
- iii) The YCB accredited LYIs, Institutions/Centres shall submit the details of the participated Yoga aspirants on or before 30st June 2020 to YCB on <u>ceoycb18-mdniy@nic.in</u> and online. A declaration shall also be submitted from teacher and institute about the training provided to the families and individuals. The details should contain –

Registration number, Name of the candidate, Name of teacher, Name of head of the institution, Total number of family trained, total number of individual person trained, Number of family and person trained by teacher, Contact person of the institution, Contact number of the institution (a Google form is enclosed).

- iv) Institution shall have registration number and details of the Yoga aspirants / candidates who participates in the CYP training program.
- v) Teacher of the institute can provide online CYP training to family at home.
- vi) Institute/teacher shall provide CYP training online.

2. Recognition of the institution:

vii) The PrCBs, Yoga Institutes/Centres shall be awarded to the following rating if they achieve the following-

Rating	Target	Remarks
Platinum Yoga	Trained 10 lac families	The institute shall
Golden Yoga	Trained 5 lac families	include the number of
Silver Yoga	Trained 3 lac families	families trained by their
Bronze Yoga	Trained 1 lac families	teacher individually.

- Winner will be awarded with a certificate from YCB, Ministry of AYUSH, Govt. of India.
- viii) The teacher of the institute will be awarded as a "Yoga Promoter" IDY-2020 by YCB.

3. How to apply (For Yoga aspirants/Candidates):

- ix) Yoga aspirants shall contact to the YCB accredited institutions. Details and link of the institution is available on YCB website 'www.yogacertificationboard.nic.in'
- x) Yoga aspirants participating in IDY, CYP training program and certification as Yoga Volunteer shall register for participating in the program.
- xi) The Yoga aspirants who are not belong to the YCB accredited institution may participate either by PrCB or Leading Yoga Institute.
- xii) Applicant shall fill online form for certification of Yoga Volunteers.
- xiii) Applicants will get email of confirmation of registration. They shall provide to the concerned institution from where/whom they are getting CYP training.
- xiv) The participant shall go to IDY Common Yoga Protocol training program online to be hosted by Ministry of AYUSH. Links also available on YCB website.

4. Certificate to the CYP participants:

- xv) All participated Yoga aspirants for the certification of Yoga Volunteer shall participate in the online Yoga demonstration of CYP on IDY on 21st June 2020.
- xvi) Candidates shall fill their experience outcome form online.
- xvii) Certificate of the participants shall be issued after getting signed details from their teacher and institute.
- xviii) E-certificates will be distributed to the participants in the month of July 2020.
- xix) Certificates shall be issued without any charges from YCB as a special drive.
 - Application Form for Certification of Yoga Volunteers: <u>https://forms.gle/WiuYukdjoP7zcTaj8</u>
 - Feedback Form for the participants: <u>https://forms.gle/YsGqS3E6XdvGMXji6</u>
 - Report from Institutions: <u>https://forms.gle/tDxN6CQ63PstncnAA</u>