

# Essentials of a Career Coach





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## Essentials Skills of a Career Coach

Career counseling is most successful when the counselor forms a meaningful connection with their client. Many career counselors use career aptitude tests and personality tests, but mostly go beyond them to understand their client's worries, interests, fears, and desires on a level that is much deeper than what any test might reveal.

By establishing a therapeutic relationship with their clients, the career counselor can provide fuller support and guidance.



## Essentials Skills of a Career Coach

### Communication Skills

- Listen to others and ask questions.
- Understand spoken information.
- Able to converse in different languages.
- Be articulate, empathetic and clear in delivering a session





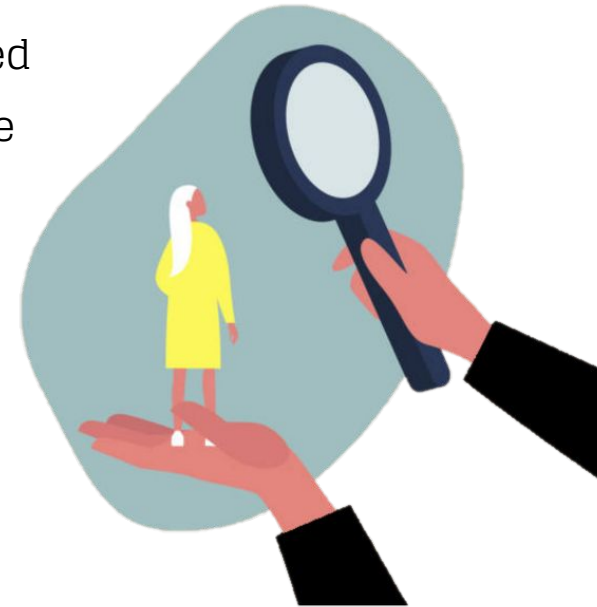
# Essentials of a Career Coach



## Helping master the process of self-discovery

**Helping students decode their self discovery process and outcome**

Though the entire process of self discovery is automated and gamified for students however the counsellors' role is not just to give out the results for the personality tests but to know their students and help them understand about their personality, strengths, skills and shortcomings.





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## Helping master the process of self-discovery

**Allow a safe and open space for meaningful conversations**

Counsellors provide their students the space to talk through the issues affecting their career and career choices. Counsellors help students in identifying underlying biases and perceptions they form about themselves which in a way hinder the real growth.



## Helping master the process of self-discovery

### Initiate the process of self realisation and inquiry

A good career counseling session can be assist the student in their process to self-discovery, and help in building the self-reflection along with providing the guidance in opening up new avenues for the student open avenues of self-reflection. For the career counselor, data like psychometric tests are the base to start the process of career counseling.





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## Understanding the labour market

- Career counselors need to work hard to stay abreast of the issues facing the labour market.
- Evaluate careers on trends of automation, outsourcing, downsizing, and global competition affect job opportunities and specific careers.
- Understand the skills and attitudes workers need to succeed in a modern employment environment.
- Counselors work with their students to make sure they are competent with technology, accepting of diversity, prepared to handle modern job insecurities, and capable of maintaining the level of occupational awareness needed to avoid falling behind or becoming redundant.





# Essentials of a Career Coach



## Reasoning and Problem Solving

- Notice any underlying problems that a student might be facing.
- Analyze ideas and use logic to determine the student's strengths and weaknesses.
- Use reasoning to discover answers to problems.
- Combine several pieces of information and draw conclusions.
- Recognize the nature of a problem.
- Think of new ideas about a topic.
- Recognize when important changes happen or are likely to happen in a system.
- Think of original, unusual, or creative ways to solve problems.
- Identify what must be changed to reach goals.

